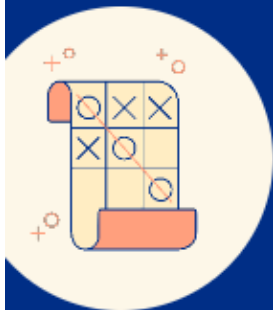




# Studi LEARner Profile Report

The report provides an insight into your current learning behaviour and suggests scientific learning strategies to develop good study habits. You can use our recommendations to study smart, become an independent learner and take a giant leap ahead in school and life!



Name:

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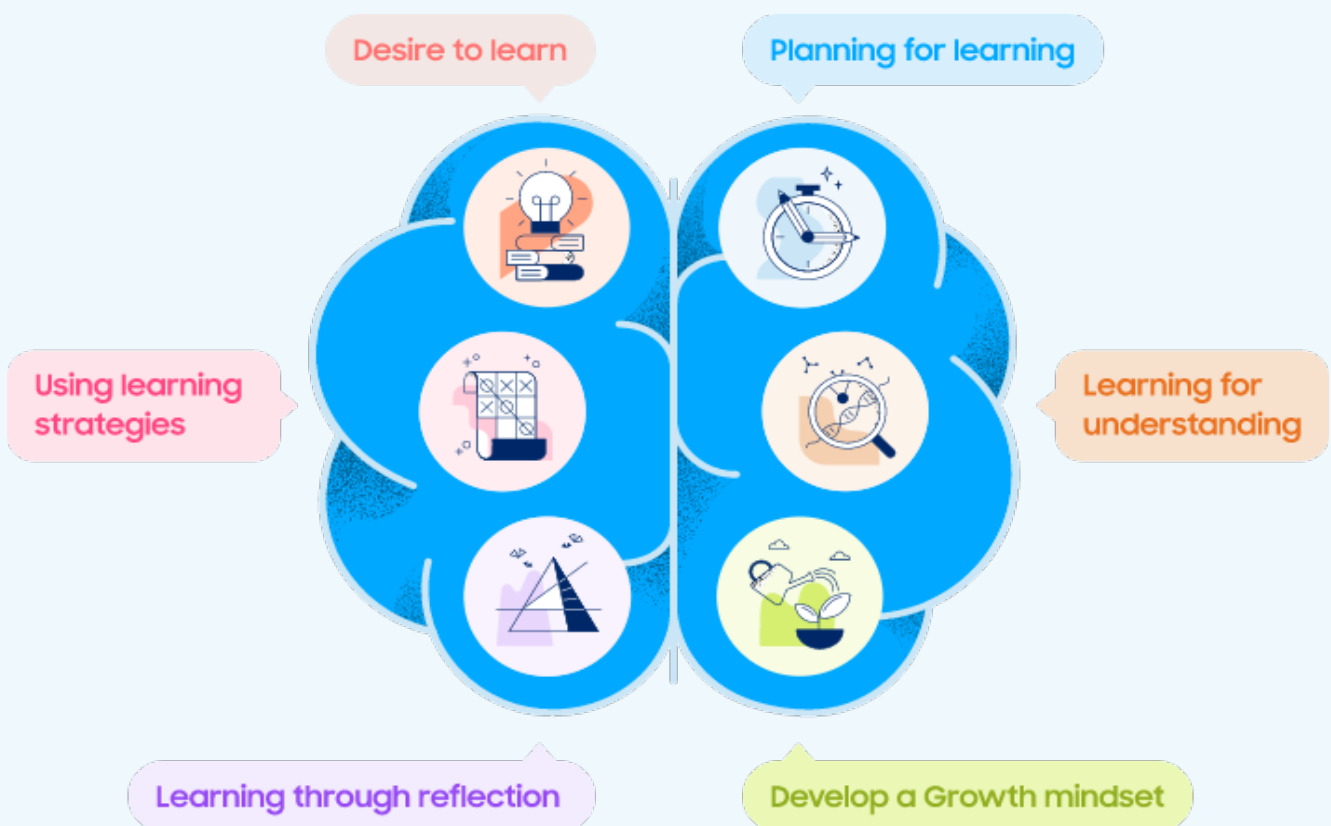
Class 8

# Studi-Dimensions of Learning Framework

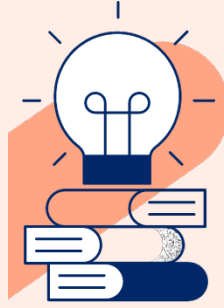
Congratulations on taking the first step in understanding your learning profile!

**Studi-LEAP** assessment is designed on the **Studi-Dimensions of Learning** framework, which considers **six crucial aspects of cognition and learning**, applicable to K-12. It is based on pioneering scientific research in the field of psychology, education, and neuroscience.

Not everyone learns the same way. Yet, some students do better than the others. Why? Because they have a combination of good learning habits. So, we used The Science of Learning to identify the **desired learning habits** for each dimension and asked you to answer a question against each.



If you answered honestly, your LEAP report could serve as a jump board for you to take a big leap in your learning journey.



## Desire to learn

### Introduction

This dimension of learning makes you reflect on how motivated you are to learn, the level of your interest in learning, and whether you are putting effort into learning. Remember, when your brain cells struggle to learn, they remember it longer.

### Your desired learning traits

#### Is self motivated to learn

 You've figured it out!

Set achievable daily study targets and improve your score through planning, regular studies, and scientific learning strategies.

#### Puts efforts in learning

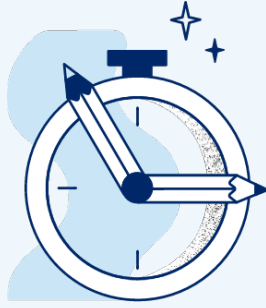
 That's a good effort!

Use good quality study material and solve problems daily to prepare for exams and tests.

#### Understands the big picture before learning anything new

 That's a good effort!

Scan through a chapter before getting into a detailed study. This will give you the Big Idea behind a chapter, make connections with your previous knowledge, and create an interest in the subject.



## Planning for learning

### Introduction

This dimension of learning makes you reflect on whether you are planning smartly to maximise your learning without getting stressed. Planning takes away a lot of anxiety, so always make a study plan and try your best to follow it. Make changes to the plan whenever needed, but do make a plan.

### Your desired learning traits

#### Is able to divide content in logical chunks

 That's a good effort!

Daily studies will help you cover the portion at an easy pace and relaxed mind.

#### Manages time well

 You've figured it out!

Playing is as important as studying because it acts as a stress reliever. Also, with good planning, you will be exam ready with ease.

#### Sets learning goals

 You've figured it out!

Setting goals is the first step in learning, but the most important step is the second step, i.e. planning to achieve your goals. So, set an achievable goal and work towards it through planning and regular practice.

## Creates a study timetable/to-do list



You've figured it out!

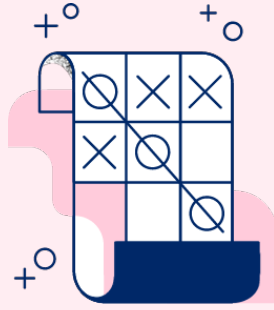
Creating plans before exams is a good practice. An even better practice is to divide your exam portion into smaller parts well before exams. Create daily study plans to complete the portion well before exams, without any anxiety.

## Tracks study plan completion



You've figured it out!

Tracking a plan give you mental satisfaction and helps you achieve big goals. Use an easy to track planning program to save time.



## Using learning strategies

### Introduction

This dimension of learning helps you discover whether you know "how to learn" techniques. And if not, do follow the suggestions given.

### Your desired learning traits

#### Is not distracted while studying

 You can do better

Set a distraction-free area in your house for studying. Also, set a short time for studying, i.e., 30 min, in which you keep away all the distractions such as phone, TV, games etc.

#### Pays special attention to weak subjects

 You can do better

Studying subjects that you are already good at creates an "illusion of learning". Spend extra time on your weak areas to do well in exams.

#### Takes self-tests

 You can do better

Solve mock test papers to assess your exam preparedness and time management.

## Studies regularly



**You can do better**

We forget things which we don't practice often. So daily revisions is a good idea. Use easy to understand and engaging learning material to stimulate your brain.



## Learning for understanding

### Introduction

This dimension of learning makes you reflect on your study habits and whether they help you retain knowledge longer or not. For example, reading a chapter, again and again, creates an "illusion of learning". But reading a chapter and then self-testing improves understanding.

### Your desired learning traits

#### Tries to recall information to test retention

 You can do better

Merely studying is not enough. Retrieving information after a study session helps you retain the information for a longer time.

#### Interleaves subjects and problem types

 That's a good effort!

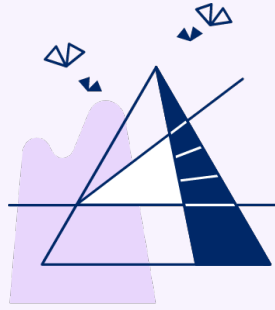
Study different subjects on the same day, and also solve problems of different types to exercise your brain and create new connections.

#### Repeats practice to improve retention

 You've figured it out!

Spaced repetition is a learning technique that solidifies our learning. Make it a part of your study plan by repeating difficult topics at regular intervals.





## Learning through reflection

### Introduction

This dimension of learning makes you ponder if you use the feedback on your learning to enhance your knowledge. Feedback is a great tool to improve your weak areas. Don't fear it. Receive it and reflect for some time to find ways to improve yourself.

### Your desired learning traits

#### Reflects on what they learn

 **That's a good effort!**

Set aside time for self-reflection after studying a topic. Ask questions to yourself or attempt questions based on the topic to solidify your learning.

#### Learns from feedback

 **That's a good effort!**

Feedback tells you exactly where you went wrong. Learning from feedback helps avoid silly mistakes and understand difficult concepts. So make it a habit to learn from feedback.



## Develop a Growth mindset

### Introduction

This dimension of learning checks how your brain reacts to learning challenges. Many times, it just shuts down! But if you take small steps to overcome these challenges, there is no stopping you!

### Your desired learning traits

#### Analyses strength/weakness

 That's a good effort!

Use your report card and corrected exam papers to identify the areas where more focus is required. This will help improve your performance over time.

#### Takes initiative to explore

 That's a good effort!

Learn from sources other than a textbook to understand concepts better and improve your language skills.

#### Seeks help when required

 That's a good effort!

You may not be able to study always on your own. So, seek help whenever required. Asking for help shows that you are really interested in learning.

## Faces learning changes well

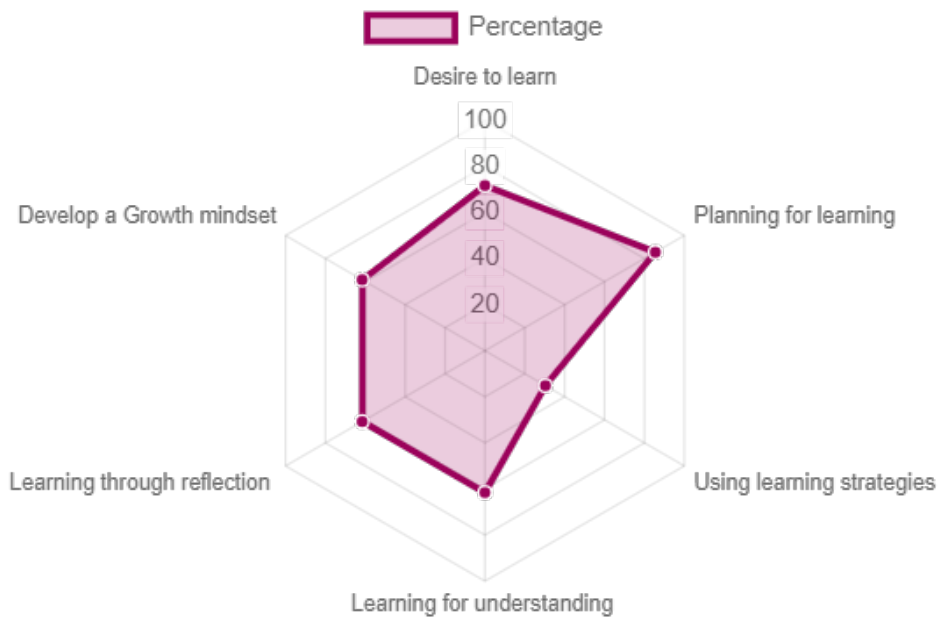


**That's a good effort!**

Use appropriate learning strategies to understand a challenging topic. Break down the topic in small chunks, practice it often, and seek expert help if needed.

# Analysis of your studying method

## Your LEArner Profile



## Continuous improvement is better than delayed perfection

You are on the right path of learning and are already using scientific methods of studying. However, a structured study planning tool, chunked content presented in an easy to understand format, and daily practice sets can improve your performance manifold. The report provides suggestions for each learning dimension based on the Science of Learning. Do work on them to improve the way you learn.



## Got doubts?

Let our experts help you!

 Email us at:  
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 Chat with a counsellor:  
+91 7506617777

You can download the Tata Studi App on:

